



INDICATIVE MENU

1ST APRIL 2024 TO 12TH APRIL 2024

	01 APR	02 APR	03 APR	04 APR	05 APR
MAIN MENU	Tomato Basil pasta	Vegetable Biryani	Fusilli cheese pasta with sweet corn	Jollof Rice	Moroccan vegetable tagine with chickpeas and flat bread
DAIRYFREE & GLUTENFREE	Lentil Cake with Potato Chips	Spinach Falafel with Potato Chips	Cabbage Fritters with Potato Chips	Lentil Cake with Potato Chips	Potato Fritters with Potato Chips
	08 APR	09 APR	10 APR	11 APR	12 APR
MAIN MENU	Spaghetti with veggies	Jollof Rice	Pesto pasta	Flat bread with potato & vegetable stew	Vegetable Lasagna
DAIRYFREE & GLUTENFREE	Lentil Cake with Potato Chips	Spinach Falafel with Potato Chips	Cabbage Fritters with Potato Chips	Lentil cake with Potato Chips	Potato Fritters with Potato Chips

NOTE: We are committed to prepare Vegetarian & Vegan Meals. Produced in a factory which handles Nuts, Wheat, Sesame, Dairy, Soya, Mustard, Gluten. All allergens are in **Bold & Underlined>**. Allergen Cross-contact can occur through incidental contact with utensils, pots and pans, and preparation surfaces.

For further enquiries please contact: mealsupport@tapf.org.uk +44 7440063656

